**Contra Costa Regional Medical Center**

**2500 Alhambra Ave,**

**Martinez, CA**

**Your Appointment To Induce Your Labor Is On:**

You have been scheduled by your prenatal care provider to have your labor induced at Contra Costa Regional Medical Center. **Please call the hospital Perinatal Unit at 925-370-5608, between 7:30 and 8:00 am** on the above date to confirm your arrival time. You are usually asked to come in at 8:30 or 9:00am. You may be **asked to come later,** or to call back at a later time if the **Perinatal Unit is very busy.**  You may even be rescheduled for the next day.

**Please eat normally before you come to hospital.** The hospital is located at 2500 Alhambra Ave, Martinez, CA. For additional questions please call Labor and Delivery at 925-370-5608.

**Su Cita Para Provocar Su Parto es:**

Su doctor ha ordenado provocar su parto en el Centro Médico Regional de Contra Costa. Por favor, llame al Departamento de Maternidad al **925-370-5608 entre 7:30 y 8:00** de la mañana para confirmar la hora que tiene que venir al hospital. Por lo general, es entre 8:30 o 9:00 de la mañana. Es posible que le van a pedir que llame por teléfono o que venga al hospital **más tarde** el día en que el departamento de Maternidad este **ocupado**.

**Por favor, coma normalmente antes de venir al hospital.** La dirección del hospital es 2500 Alhambra Road, Martínez, Ca. Si tiene más preguntas, por favor llame **925-370-5608.**

Thank you,

Labor and Delivery Department